

“Your training was engaging, innovative and meaningful. We talked about it for weeks afterwards.”
 (workshop participant)



Do I Take Sugar? (for professionals)

An introduction to learning disability awareness. This course advises participants on good practice by exploring the barriers that exclude people with learning disabilities from living fulfilling lives. We tell our own stories - the good, the bad and the ugly - which is a very effective way to challenge misconceptions. Anybody interested in ensuring that their service is inclusive for people with learning disabilities should take this course.

Care Values - Our Support, Our Say (for professionals)

Follows on from ‘Do I Take Sugar?’. It aims to encourage good practice in care settings and looks at promoting dignity, respect, independence and inclusion in more depth. Developed from work carried out with service users and their carers, this training covers what’s important about the care people want from their care providers. It is extremely valuable for service providers looking to deliver quality services.

Relationships and Sexuality (for professionals)

Promotes the rights of people with learning disabilities to make decisions about their personal relationships. This workshop encourages staff to think about their own attitudes towards sex and relationships and how this impacts on the people they support. We also look at the challenges of balancing safeguarding, duty of care and rights - and how these can present conflicting issues for care providers.

Self Development (for service users)

We are constantly developing training for people with disabilities across a wide range of practical life-skills and wellbeing issues. Please ask about our current range of services or make suggestions about training you would like to see.



new vision
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“The most enjoyable, informative and important training I have ever attended”

(workshop participant)



We are passionate about what we do. This comes across in all aspects of our work. Ask about how we can help you get better at what you do. Even if you are simply looking to refresh your approach, we’re certain we can help your organisation make our new vision a reality.

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O U R S T O R Y

Time for change

In 2001 the government produced a white paper called Valuing People. It set out a plan to support people with learning disabilities, enabling them to live fulfilling lives in their own communities. One of its aims is to improve services by focusing on independence, rights, choices and inclusion.

The paper contains lots of life-changing information that doesn't always reach people with learning disabilities. Since it is all about us, we decided to take control and learn about the planned changes by using storytelling and drama. It felt good so we encouraged other people with learning disabilities to use the same techniques to relate Valuing People to their own lives.

Before we knew it, we were being invited to advise other people with learning disabilities about their rights, choices and responsibilities. It felt great to get out there and do something important and it was really good fun too.

Now is the time to listen to what people want.
Life is for everyone, if everyone is included.

Welcome to New Vision Training. We are a user-led organisation in the north east of England run by a dedicated and enthusiastic team of people with learning disabilities. We offer inspirational training to help professionals across the region provide better services.



O U R P R O G R E S S

A new vision

At first we didn't plan to develop a user-led enterprise. However, it soon became clear that this was the best way to get the message across to service providers about what we need and want, for ourselves and our families.

Inspired, we set up New Vision Training in 2004. Our name came about because Valuing People set out a 'new vision' for people with learning disabilities and we wanted to make sure that this new vision became a reality.

Since then we have gone from strength to strength. Raising learning disability awareness, changing perceptions and improving attitudes. Our work has shown that we are skilled and ambitious individuals who can accomplish great things. We make valuable contributions to society and are passionate about what we do.

By 2006 we were proud holders of the Best Service User Involvement Award For Excellence in Social Care, presented to us by Skills for Care.

Today, thanks to us, people all over the North East, including health and social care workers, academics, nurses, volunteers, young adults, local government workers and leisure staff, have a better understanding of how they can make services inclusive for people with learning disabilities.

"You opened my eyes"

(workshop participant)



"Thank you for a fantastic day!"

(workshop participant)

Raising standards and transforming lives through inspirational training and consultancy



W H A T W E O F F E R

Training

We deliver a range of valuable and insightful training to professionals, enabling them to provide more inclusive working environments. All of our training reflects person-centred approaches and is delivered in relaxed and creative ways, yet remains practical, thought-provoking and full of surprises.

Every event is run by people with learning disabilities who express their real-life experiences of living with disability and receiving segregated services. This has proved to be a positive way of increasing awareness of the changes needed to support Valuing People.

Training is tailored to meet the particular needs of every organisation and to reflect its aims and values. Courses are mapped to learning disability qualifications and provide underpinning knowledge for the NVQS in Health and Social Care.

Each participant receives a certificate of attendance and an information pack. Every event is evaluated by participants to enable New Vision to continue to improve the training they deliver.

Consultancy

Our consultancy work involves seeking the views of people with learning disabilities and their carers, regarding the quality of the support they receive. We also offer service-testing with first-hand user feedback. We can be very flexible about how we help organisations improve their services.